



# 2024 REGIONAL & NATIONAL CATEGORIES



Body building & figure classes do include:

Novice Figure & Novice Mens Physique one class, Junior under 24 yrs, Masters Men Over 50 & Masters Women Over 50.

There is no height/weight limits to senior classes. Routine is 60secs for BB.

MENS BODYBUILDING						
HEIGHT	NOVICE	FITNESS	PERFORMANCE	ATHLETIC	SUPERBODY	EXTREME
Under 1.65m	Open	<65kg	65 – 70kg	70 – 75kg	75 – 80kg	80kg up
1.65 – 1.72m	Never competed	<70kg	70 – 75kg	75 – 80kg	80 – 85kg	85kg up
1.72 – 1.79m		<75kg	75 – 80kg	80 – 85kg	85 – 90kg	90kg up
Over 1.79m		<80kg	80 – 85kg	85 – 90kg	90 – 95 kg	95kg up

WOMENS FIGURE						
HEIGHT	NOVICE	FITNESS	PERFORMANCE	ATHLETIC	SUPERBODY	EXTREME
Under 1.63m	Open	<45kg	45 – 50kg	50 – 55kg	55 – 60kg	60kg up
Over 1.63m	Never competed	<50kg	50 – 55kg	55 – 60kg	60 – 65kg	65kg up

## MODEL CLASSES

WOMEN'S CLASSES			
BIKINI MODEL	NOVICE	Never Placed First	All competitors will complete Two Rounds: T-Walk to 90sec Music & Symmetry Round. Bikini & Heels
	JUNIOR	Under 24 years	
	SHORT	Height Under 1.63m	
	TALL	Height Over 1.63m	
	SENIOR	Over 40 years	
WELLNESS & SPORTS MODEL	NOVICE	Never Placed First	All competitors will complete Two Rounds: T-Walk to 90sec Music & Symmetry Round. Wellness wear Bikini & Heels Sports Model wear sport theme outfit
	JUNIOR	Under 24 years	
	SHORT	Height Under 1.63m	
	TALL	Height Over 1.63m	
	SENIOR	Over 40 years	

MEN'S CLASSES			
BEACH MODEL	NOVICE	Never Placed First	All competitors will complete Two Rounds: T-Walk to 90sec Music & Symmetry Round. Board Short Outfit (down to mid thigh or above knee)
	JUNIOR	Under 24 years	
	SHORT	Height Under 1.72m	
	TALL	Height Over 1.72m	
	SENIOR	Over 40 years	
SPORTS MODEL	NOVICE	Never Placed First	All competitors will complete Two Rounds: T-Walk to 90sec Music & Symmetry Round. Sports Model wear sport theme outfit
	JUNIOR	Under 24 years	
	SHORT	Height Under 1.72m	
	TALL	Height Over 1.72m	
	SENIOR	Over 40 years	

Please note: you must do a regional show to qualify for some International events unless you have Pro status where you can choose.

Some organisers may add extra classes if numbers allow like a 60+ in Mens Bodybuilding, or a Womens physique class if there is enough numbers, these classes and 40+ classes are not offered at International shows overseas. You can enter into two different categories at a show eg. Bikini & Sports Model.

Any questions drop us a line; wffnewzealand@gmail.com